



Air Bubbles



The Newsletter of the North Shore Frogmen's Club

May 2019

President's Message

By: Ray Porter



I am now more than a quarter of the way through my role as President. One thing that I have appreciated most is how much individual club members contribute to the functioning of the club. Yes, the Officers have defined responsibilities related to the running of the club, but we are all volunteers. If other club members do not step up, the club will not function as well as it has in the past.

Vange Egizi, a new Associate Member, has taken on the role of Air Bubbles editor. I know, from the many years that Mary was editor of Air Bubbles, that this is not an easy task. I know Air Bubbles is a key part of how the club communicates to the members. Many members have commented on how much they appreciate the news that comes through Air Bubbles. So, I am pleased that **Vange** has taken on the job as editor.

Each month the President recognizes club members that have provided assistance to the club by identifying them as Member of the Month or Diver of the Month. Member of the Month is awarded to a member that supports the club activity or event. Diver of the Month is awarded to a member that has provided assistance or supported a diving related activity or event. I certainly appreciate the help these people give to the club. I hope you will thank them for their service when you see them.

Given all the effort that goes into making club activities and events happen, I encourage you to participate in them. Support your club by having fun at a social event. How hard can that be?

Member Recognition

Each month the President recognizes club members who have provided assistance or support to a club activity or event.

December

Member of the Month - **Vinny Egizi**: While it is customary to give this recognition to the past club President, as past Vice President, I saw just how much effort **Vinny** put into his role as club President. So, thanks for a great year of leadership and service to the club during our 60th Anniversary Year (2018).

Diver of the Month - **Jim Barbara**: Jim has been serving as Treasurer and Club Dive Coordinator. Each weekend a detailed dive plan is published to give divers an outlook to diving that weekend. I look forward to his reports throughout the coming year.

January

Member of the Month - **Mike and Ellen Garvey**: Mike and Ellen hosted the New Year's Day party on short notice, hosted the club planning meeting, and initiated the dive club hoodies.

Diver of the Month - **Peter Garchinsky**: During the New Year's Day Dive, Peter was so happy to finish his dive "dry" in his newly repaired dry suit. That type of joy needs to be acknowledged.

February

Member of the Month - **Bill Werner**: Bill does so many things for the club. This month he coordinated the Dim Sum and IMAX movie outing.

Diver of the Month - **Mike and Ellen Garvey**: Mike and Ellen are noted to be strictly warm water divers. The presentation on Figi and Tonga was great.

March

Member of the Month - **Jim Durso**: Jim again this year coordinated a visit by DAN to the club meeting before Sea Rovers. It was a great introduction to Frauke Tilman; the Research Director at DAN, who gave a great presentation that evening.

Diver of the Month - **Susan Copelas**: Although this recognition of Susan leading a group of high school students on a dive trip is not a club event, bringing in new people to the sport of diving is important.

April

Member of the Month - **Susan Copelas**: Susan coordinated the beach cleanup at Niles Beach. This is an important community service event.

Diver of the Month - **Daryl "Fin" Findlay**: Fin is another person who could be recognized for his contributions each month. This month he presented on cold weather dive gear. Excellent presentation.

Meeting Summaries

By: Mary Howard

January 3, 2019

Vange Egizi is a new Associate Member. **Alexine Raineri** plans to submit an application for membership - she has been diving 28½ years. New Year's Day Dive – participants: **Daryl, Jim B, Jack, Peter G, Bill** and **John Mulsman**; It was a “wash tub” near the beach: 10-12 ft viz.

January 10, 2019

Attendance: 2 officers + 10 members. **Jim B and Fin** showed off **Jim's** new gloves. Typical month's meetings will be: 1st week - business; 2nd week - gear discussion; 3rd week – speaker; Last week - Undersea Photo Society - no NSF meeting. Dive Talk: **Jim** dove Sunday with **Peter G** at Stage Fort Park. Good viz, almost 20 ft. **Susan** was in the pool with Brooks School students preparing for Roatan in March for coral reef mapping.

January 24, 2019

Dinner Meeting at Mexicali Cantina Grill in Danvers – 20+ attendees.

February 7, 2019

No Quorum - Attendance: 3 officers + 4 members. Dive Talk: **Jim** and **Peter G** dove at the Dog Bar on Sunday. Surface air temp was 38°F, water temp 32°F. There were ice chunks floating in the water. Old Business: Decision was made to start the meetings at 7:30PM. This change will take place in March

February 14, 2019

Attendance: 3 officers + 9 members. Dive Talk: **Daryl, Jim B** and **Peter G** dove at Back Beach. Water about 36°F, mid-tide, clear, good for video, but after 45 min dive, fingertips cold in spite of heated gloves. **Jim** found large sculpin. New Business: **Meg Tennissen** was nominated, seconded and elected Club Secretary for 2019.

February 21, 2019

Attendance: 4 officers, 13 members + 2 guests. Dive Talk: **Daryl** and **Peter G.** dove at Back Beach. Cold, Abundant nudibranchs. **Daryl** got video of **Peter** stuck in debris from storms. Correspondence: **Jess Leslie** is getting married! Presentation: **Ellen Garvey** gave a presentation on her trip in September 2018 with **Mike** and **Andy** and **Candy**

Martinez, to Tonga, where they got to snorkel with humpback whales in deep water, and in Fiji where they dove in more colorful and “normal” conditions. Great pictures!

March 7, 2019

Attendance: 3 officers + 15 members + 13 guests (including speaker). **Dive Talk:** A guest dove in Roatan 3 weeks ago with Undersea Divers, 80°F or more at depth, 80 – 100 ft viz. **Dodie** and **Susan** were in Cozumel and dove cenotes, and saw turtles, rays, and tourist submarine. **Frauke Tilman** dives in the Baltic Sea, viz 3 inches! **Program:** March 8 – Dive tomorrow with **Dr. Tilman** - be prepared for cold. March 8 - 9 – Sea Rovers Clinic. 3/16 – St. Patrick’s Day Party @ **Mary & Ray’s**. **New Business:** **Ellen** made a motion for the Club to pay for the extra hoodies acquired for the club. Motion passed. **Presentation:** **Dr. Frauke Tilman** of DAN spoke to the Club about diving safety. Recommendations are that you stick to your computer, at conservative settings, for safety stops, etc. They are working on a research project in which they hope to measure bubbles in many divers before and after normal diving to see if they will be able to predict who might have issues. Is there a way that our Club could participate? **Dr. Tilman** can be reached at ftillmans@dan.org.

March 14, 2019

Meeting NOT called to order: No Quorum. **Attendance:** 3 officers + 3 members + 2 guests. Guests were **Bill Wimsatt** and his wife **Beth**, newly relocated to Tewksbury from Colorado. He saw our booth at Sea Rovers and decided to attend a meeting. **Discussion:** Next year at Sea Rovers we should have more artifacts, membership applications, and more flyers. (We ran out.) **Ray** talked to owner of Cape Ann Divers II, which can take 14 divers, and booked a couple of dates for the coming dive season, 6/22 (8 spots), and a seal dive in Sept.

March 21, 2019

Attendance: 3 officers + 8 members +1 guest (speaker). **Air Bubbles:** **Vange Egizi** has volunteered to take on Air Bubbles. She plans to put out her first issue at the end of April. **Dive Talk:** **Susan** had 21 kids at Turquoise Bay, Roatan, did 18 dives, coral assessment, and was taught how to spear lion fish. **Daryl** dove with **Dr. “Fry” Tilman** at Back Beach on Friday after her presentation. They went to Back Beach - great viz. **Adam** will be going to Thailand in 2 weeks! **Presentation:** **John Doyle**, PhD, Education Director of the Gloucester Biotechnology Academy spoke to the members present about their program to teach young adults the necessary skills to be hired on as technicians in biotech applications. It is a very successful program that has been a resource needed for employers at biotech firms. For more information, **Dr. Doyle** can be reached at john.doyle@gmli.org

April 4, 2019

Attendance: 3 officers + 28 + 8 guests – everyone should sign, sign-in sheet! **Dive Talk:** 2 weeks ago, **Daryl “Fin”** and **Jim B** dove at Breakwater - some technical issues. Susan went to Beneath the Sea, **Faith** says “Hi.” **Membership:** **Bill Wimsatt** was voted in as the Club’s newest member. **Program:** **Linda D** had her second knee replaced. Happy 75th Birthday **Dodie!** **Presentation:** **Ryan Robbins** spoke on the Sunken Steamboats of Moosehead Lake, with the first showing of his trailer.

April 11, 2019

Attendance: 3 officers + 12 members + 2 guests. **Dive Talk:** **Jim B** and “**Fin**” dove last week at Back Beach - too many rocks at OGB. Water was nice, and lots of nudibranchs! **Jerry Shine** noted that this is the most nudis he has seen in a long time! Note that police are installing new meters. An officer mentioned that the “issue” of divers being harassed was because of wetsuit divers changing in public. **Membership:** **Daniel Anaya** was voted in as the Club’s newest member. He has been diving since 1998. **Presentation:** **Daryl “Fin” Findlay** showed us his adaptations for staying warm while diving in cold water.

April 18, 2019

Attendance: 4 officers + 8 members. **Dive Talk:** **Adam** was in Phuket, Thailand staying on a live-aboard for 6 nights, did 19 dives, saw 25 ft whale shark. **Adam** will do a presentation about this trip on June 6th. **Correspondence:** **Tom** and **Mary Murphy** are back in Florida and planning to travel in their camper.

CROSSWORD PUZZLE

	1	2	3	4	5	6	7	8	9	10	11
A	■	■	■	■	■	■	■	■	■	■	■
B	■	■	■	■	■	■	■	■	■	■	■
C	■	■	■	■	■	■	■	■	■	■	■
D	■	■	■	■	■	■	■	■	■	■	■
E	■	■	■	■	■	■	■	■	■	■	■
F	■	■	■	■	■	■	■	■	■	■	■
G	■	■	■	■	■	■	■	■	■	■	■
H	■	■	■	■	■	■	■	■	■	■	■
I	■	■	■	■	■	■	■	■	■	■	■
J	■	■	■	■	■	■	■	■	■	■	■
K	■	■	■	■	■	■	■	■	■	■	■

Across

- B1 Who presented on Sunken Steamboats of Moosehead Lake?
 D8 A duplicate.
 G2 Where was the Beach Cleanup held?
 J8 Colorful contest held at end of the year.
 H1 Monthly Award recipient (abbr.)
 I5 I think, therefore I ____.
 J8 ____ and kisses...signs of affection.
 K4 40 ____S in Nahant, MA

Down

- A3 Who dove in a wet suit on New Year's Day?
 A6 Who had a milestone birthday recently?
 B8 Where was the New Year's Day Dive?
 D10 Where do we hold our meetings?
 F3 Along with G6, what we ate in Boston.
 G2 ____ puts baby in a corner.
 G6 Along with F3, what we ate in Boston.
 G11 Who won the Mystery Prize at the Moosehead Lake presentation night?
 I5 ____ Channel.
 K10 ____ Pro Camera.

Froggies Have Been Busy...

January 1st - New Year's Day Dive

The New Year's Day Dive was a hit! Seven divers went in the water at Back Beach, in Rockport, MA. It was a beautiful sunny day, and quite a few other divers were present and enjoying the unusually nice winter weather. Although the water temp was nice and frigid still, the divers did not complain. After all divers were safely out of the water, we all proceeded to Ellen and Mike's house for an after dive party, which was made more fun by taunting the cat with a laser pointer. Thank you Ellen for allowing all of us to entertain ourselves with the cat's antics! Many people brought snacks and small dishes to share and Ellen made one of her delicious soups for the cold day.



January 24th – Dinner Out at Mexicali Cantina in Danvers



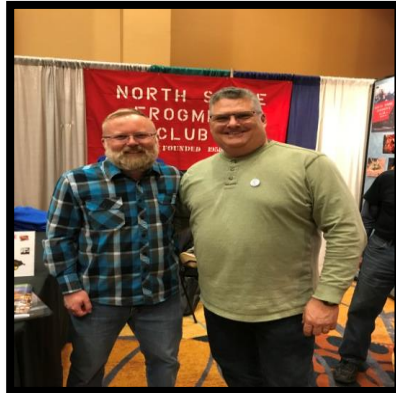
February 9th - Dim Sum and IMAX Films in Boston

On a cold, sunny February morning, nine Froggies made the trek into Boston for a meal of Dim Sum, followed by several IMAX films at the Boston Aquarium. We met at the China Pearl restaurant again (same place as last year), and filled our bellies with dumplings, sticky buns, shumai, stuffed mushrooms, and several things we were afraid to ask about. We then headed to the aquarium, and worked off our meals by sitting very still and quiet, while we watched ocean themed IMAX movies. We need to do this more than once a year.



March 9th – Sea Rovers

The North Shore Frogmen hosted a very successful booth at the Sea Rovers convention in March. Thank you to all of those who helped set up/break and man the booth on Saturday and Sunday. We had a prime spot in the corner of all the dive club booths, which promoted lots of foot traffic of very interested people, who live and dive on the North Shore, including Ryan Robbins, who presented at our club several weeks later on the topic of “Sunken Steamboats of Moosehead Lake. Several applications were handed out, and we now have a new member Bill Wimsatt, who was voted in at our April 4th meeting. We raffled off a cordless drill, which was won by our Vice President, Vinny Egizi.



April 4th - Sunken Steamboats of Moosehead Lake

A Documentary Film Project

The North Shore Frogmen hosted Ryan Robbins, who presented on the documentary film project, “Sunken Steamboats of Moosehead Lake.” This film project is currently in production, under the guidance of director Ryan Robbins, in partnership with the Moosehead Marine Museum and Moosehead Lake Divers, with the support of the Moosehead Historical Society.



This presentation was very well attended by Froggies, guests, and families. Thank you Ray for providing the snacks. During the meeting we also celebrated a happy 75th birthday for Dodie Carvalho....happy birthday Dodie!!!

Ryan grew up on the shores of Moosehead Lake, and witnessed the restoration of the steamship Katahdin. His curiosity was seeded when he was invited aboard to watch the work being done and hearing stories of the old steamships, the great Mount Kineo resort, and the realization that this remote area was once the edge of civilization where the wealthy and sometimes famous came to play. After moving away to go to school and start a career, Ryan was able to take up SCUBA diving with the primary goal of fulfilling his childhood dream of seeing what the lake was hiding underwater. Upon surfacing from his very first Moosehead Lake dive on the Kineo steamer remain and feeling like Jacques Cousteau of the great north woods, he realized he wanted to use his skills to share with others the excitement of seeing what lies below. As he puts it, “real history you can see and touch exists on the bottom of Moosehead Lake.”

(Continued on next page)

To think you could take a train from Boston, New York, or other big cities beyond and be dropped off in the middle of the wilderness, several hundred miles from anywhere...right at the water's edge of Moosehead Lake, then take a steamboat to a grand 600-guest resort hotel in the midst of the Maine woods. In 1900 you could do this. Thousands of people escaped from the hustle, bustle, and heat of the cities to the wilderness of the Moosehead Lake Region – for the same reasons they do today. Now imagine over 25 steamboats cruising Moosehead Lake ferrying tourists, sportsmen, businessmen, and cargo, or even towing logs. What happened to all of them? While we can't go back in time, we can visit the underwater remains of the steamboats, show their history, and tell the stories of those whose lives were impacted. By combining high-definition underwater video, interviews, and historic images, this historical documentary tells the real-life tale of three sunken steamboats and what happened to them, while also providing an overview of steam-boating history on Moosehead Lake. More about this project can be found at mooseheadsteamboats.com.



April 11th – Presentation by Daryl Findlay on Cold Water Tech Gear



April 13th – Beach Cleanup at Niles Beach By: Dody Carvalho

About a dozen North Shore Frogmen and family members took part in cleaning up Niles Beach in Gloucester of any debris they could find along the shore and in the water. It had been promoted as a warm sunny day by 10 am, but unfortunately the clouds hung on and the air never warmed to the degree forecast! We still had great beach cleaning weather. The event was organized by Susan Copelas, who also connected with Metrowest, another dive



club from Natick. Their group cleaned up the shoreline of Folly Cove, where incredible sea life is frequently appreciated, and often shared through wonderful photographs. Divers so enjoy diving on the North Shore, and seek to protect and promote the wonderful ocean off Cape Ann. We are able to see the damage done to marine life by debris put in the ocean. While cleaning we talked with Susan Dolan, and East Point resident who apparently walks her dog and cleans as she walks on a daily basis. We are all so fortunate to have citizens like that committed to protecting our ocean. There was a collection of rubbish at one end of the beach which hadn't been picked up by the town so we also collected that and will take it to the DPW to dispose of.

After the dive and cleanup our club went for a wonderful luncheon at Cape Ann Brewery. What a great place for family and friends to relax and enjoy a delicious lunch, and to sample their unique beers! Jeremy Goldberg has developed a wonderful venue to enhance Gloucester's harbor, and we appreciated his seating us as a group on a busy Saturday afternoon.



April 27th – Easter Egg Dive and Party at Dodie's

North Shore Frogmen had a successful Easter egg dive with six Divers in the water: Jack Munro, Ray Porter, Bill Wimsatt, John Sears, Alex Raineri, and Daryl Findlay. Shore support was provided by Vinny Egizi, Mary Howard, and Beth Wimsatt. Divers went in the water at 10:29 AM with the last diver coming out at 11:33 AM. 45 eggs were laid by Mary Howard, of which 23 were found. There were five different kinds of decorations on the eggs, each with their own point system. John Sears had the most points at 15. Daryl Findlay was second with 11 points, and Ray Porter was third with 10 points. After taking off the gear, the Froggy's went to Dodie Carvalho's house for an after dive party. This was another successful event for the North Shore Frogmen in 2019. Also add that Dodie made her famous clam chowder and about 25 people attended the party.



April 27th – Post Easter Egg Dive Party at Dodie’s



April 28th – PCYC Float Cleaning

By: Bill Werner

Skeleton shrimp (amphipod) on finger from dock cleaning and an image from under the dock showing the mussels we're scraping off, sea squirt/sea vase, and small anemones.



By: Mary Howard

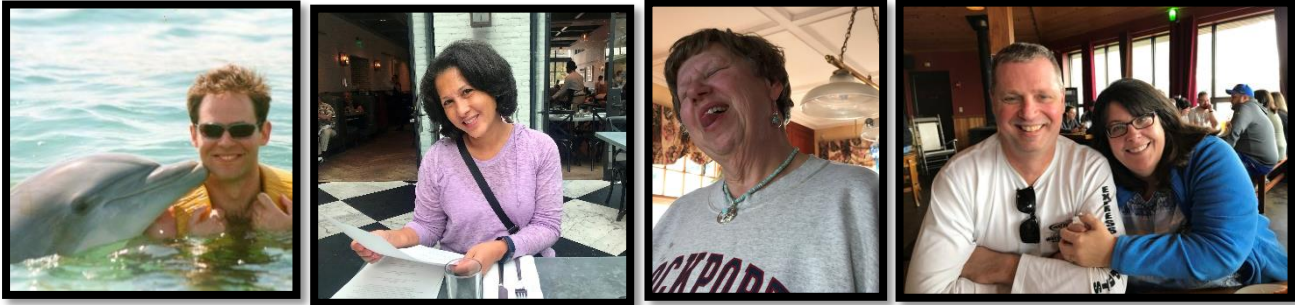
On Sunday, 4/28/19, seven Froggies got wet to clean one of the docks for the Palmer Cove Yacht Club, and six stayed mostly dry taking on the duties of shore support and general harassment. Club members cleaned the underside of the dock that has the fish-cleaning station and is used for pick-up and drop-off by PCYC boats. Those who got wet were Vinny Egizi, who was in the water for an hour and 14 minutes, Peter Garchinski, Jack Munro, Steve Leverone, Bill Werner, and Ray Porter and Jon Mulsman who both snorkeled. Shore support was provided by Steve Calawa, Dodie Carvalho, Jim and Linda D’Urso, Daryl Findlay, Bill Wimsatt and Mary Howard. The weather was decent, actually nice when we started, as opposed to some prior years. Snacks were provided by some of those in attendance and the PCYC Commodore provided libations.



FYI...

Froggies Newest Members!

- Daniel Anaya - Member
- Vange Egizi - Associate Member
- Alexine Raineri - Member
- Bill and Beth Wimsatt - Member & Associate Member



Mike’s Moments - Froggy Trivia

By: Mike Denneler

- Dawn Denneler was the first female president of the club in 1979
- Dawn & Mike Denneler are the only husband & wife president combination in 1979 & 80

Next Air Bubbles – July 1st

Deadline is June 16th - Please submit newsworthy items by June 16th to Vange at Vangiemassagain@yahoo.com

Can You Help?

Dodie is in possession of Jerry Sutherland’s old VCR tapes (about 30) that contain invaluable Froggy history. If anyone knows of a company that converts DVD tapes to flash drives, please let Dodie know.



Got Hoodie?

The Froggie sweatshirts are a big hit. If you have one and are wearing it, you are making a fashion statement. If you are not, there are still a few left size L, XL, and 2 XL. The cost is \$25 for members and \$30 for non-members. Please contact Ray or Mary, or email officers@northshorefrogmen.com

CROSSWORD PUZZLE Answers

	O			P	E	T	S		E		K
S	G	U	H			R			N		J
N			C		M	A			O		I
A		A		U				M	O	M	H
H	C	A	E	B	S	L	E	N	I		G
	Y		B					D			F
	C		K		E						E
	Y	P	O	C	I			K			D
			A		D			C			C
	S		N	S	B	B	O	R	N	A	B
					D			J			A
11	10	9	8	7	6	5	4	3	2	1	

Upcoming...

May 2nd - Dinner Meeting at 7:00 PM

Ipswich Ale Brewery
2 Brewery Place, Ipswich
Please RSVP to Vinny by noon on 5/2
Vinnymass@yahoo.com

May 18th - NSF Canoe and Kayak Day on the Ipswich River

By: Bill Werner

The NSF is scheduling a day of canoeing or kayaking at 9:00 AM on the Ipswich River from a drop-off point on route 97 to the Willowdale Dam. This is about a 4 hour trip but will usually take longer at a leisurely pace and with a stop for lunch about 2 hours from the dam. The voyage takes us through a National Audubon Wildlife Sanctuary, scenic wetlands, the Bradley Palmer State Park, and Willowdale State Forest. Many birds, turtles, and frogs can be seen along the way. Swimming is also available. We meet at Foote Brothers Canoe and Kayak Rental, which is located at the Willowdale Dam, 230 Topsfield Rd., Ipswich, 978-356-9771. Canoe or kayak rental is \$45, but a canoe will carry at least 2 people and more equipment. Foote brothers will transport private canoes or kayaks for \$15. See the website: <http://www.footebrotherscanoes.com> for additional details.

We will have at least 1 grill so bring something to grill for lunch if you wish. Recommended items to bring are insect repellent, sunscreen, hat, clothing that dries quickly and is appropriate for the weather, windbreaker, water or other drinks, food, camera, pfd (supplied if you're renting a canoe or kayak), coolers, dry bags, and perhaps extra dry cloths. Foote Brothers opens at 8 am. A waiver must be filled out and can either be filled out that day or downloaded as a pdf file ahead of time. Please reserve your canoe and especially a kayak about a week ahead of time. Please contact me with any questions at 978-857-2920 or billwerner55@yahoo.com.

June 22nd - Boat Dive on the Cape Ann II - Signup for a Spot

More info to follow. Contact Ray if you are ready to sign up.

The North Shore Frogmen's Club

Business meetings and/or presentations every Thursday, except the last Thursday of the month, at Palmer's Cove Yacht Club, 74 Leavitt St., Salem, MA. Meetings begin at 7:30PM. There are also social

